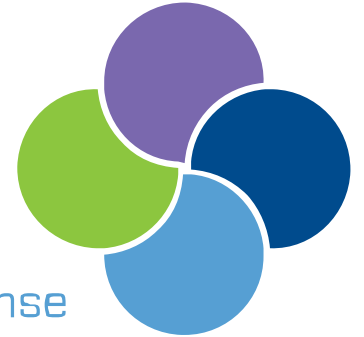


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Culture,  
Competence  
and  
ZeroSuicide:

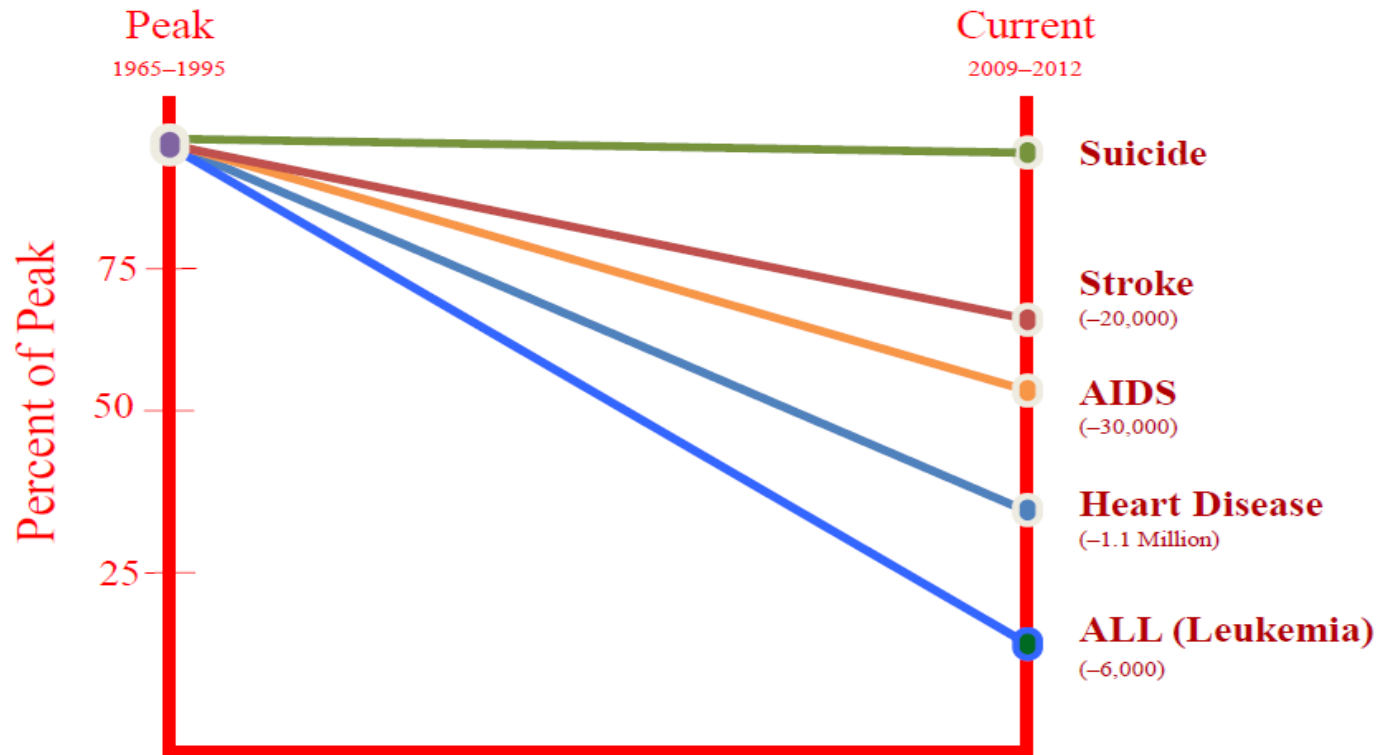
*BHR*

Behavioral Health Response



We Must  
Change  
Our Approach

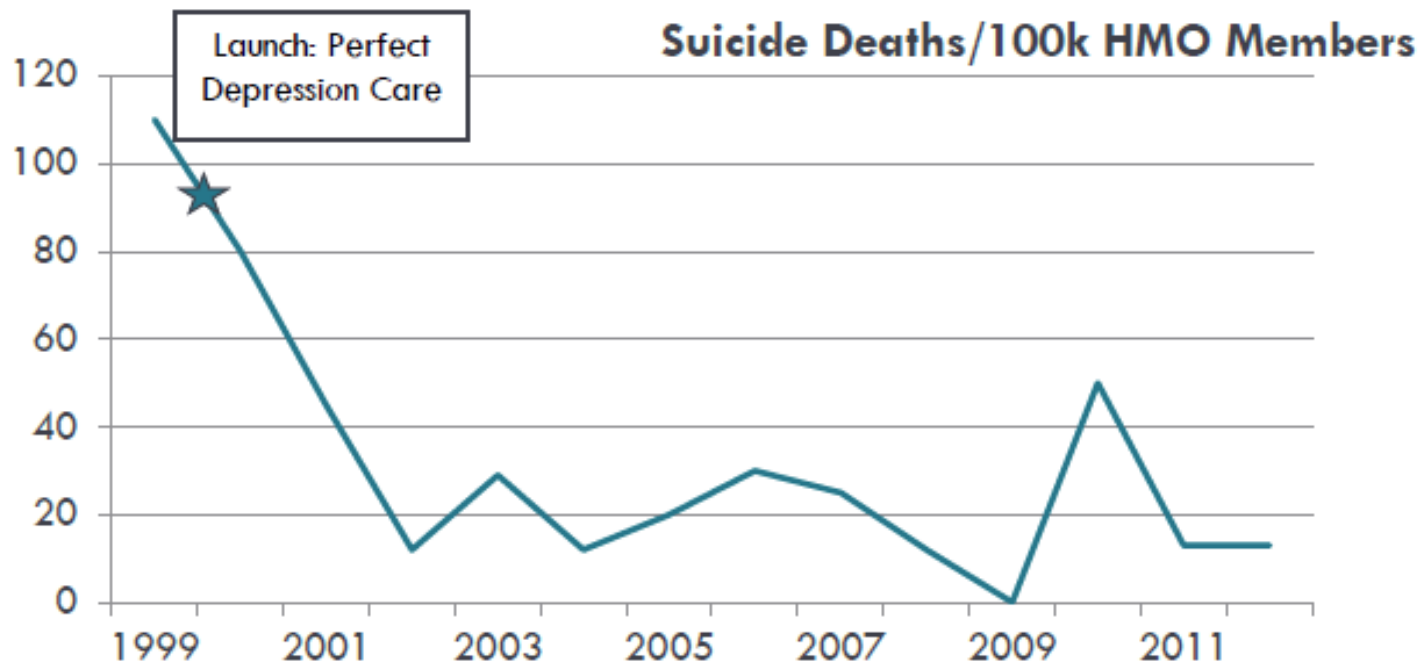
# Mortality from Medical Causes



The Quest for the Cure: The Science of Mental Illness, Thomas Insel, MD, Director of NIMH, 2014 National Council for Behavioral Health.

# A System-Wide Approach for Health Care: Henry Ford Health System

14



**ZERO**Suicide  
IN HEALTH AND BEHAVIORAL HEALTH CARE

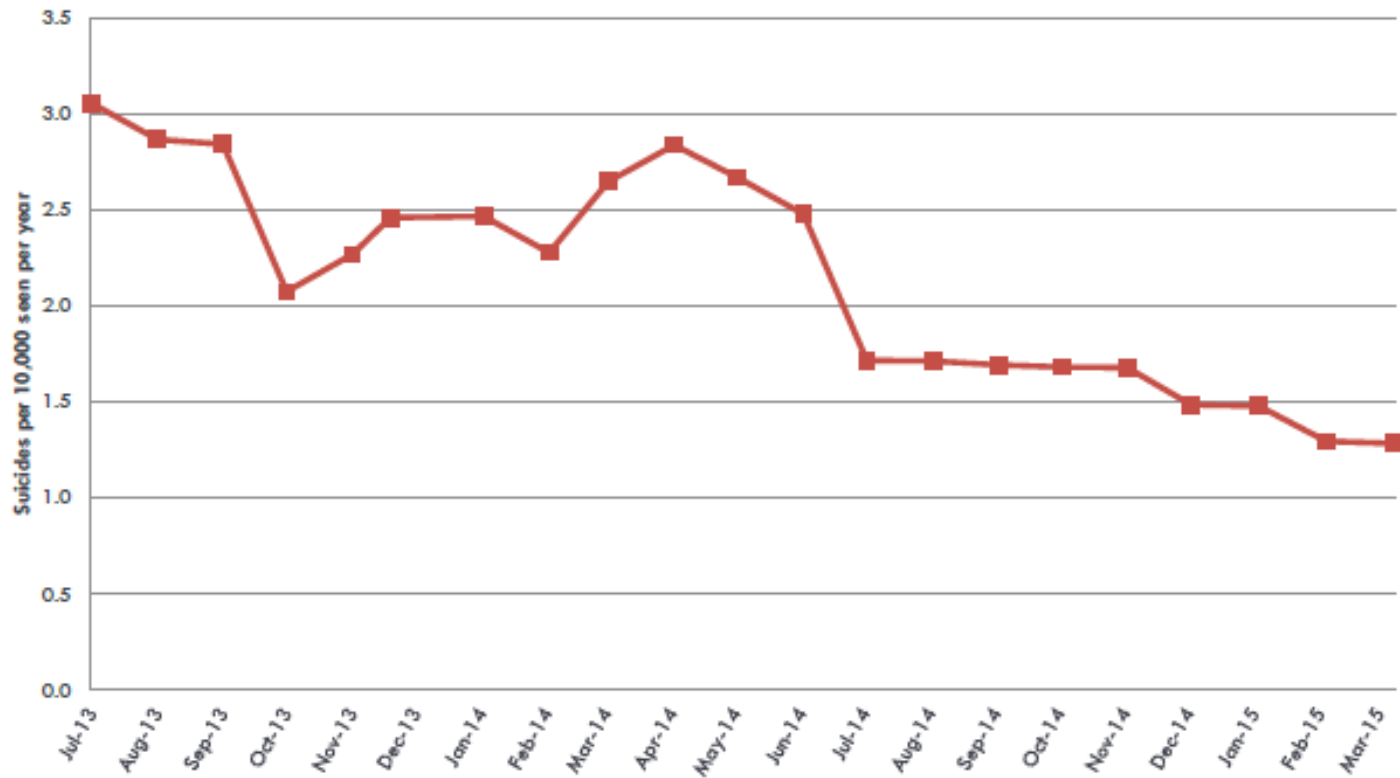
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# Zero Suicide at Centerstone: Results

76 Annual Suicides per 10,000 Clients Seen (Rolling 12 months)

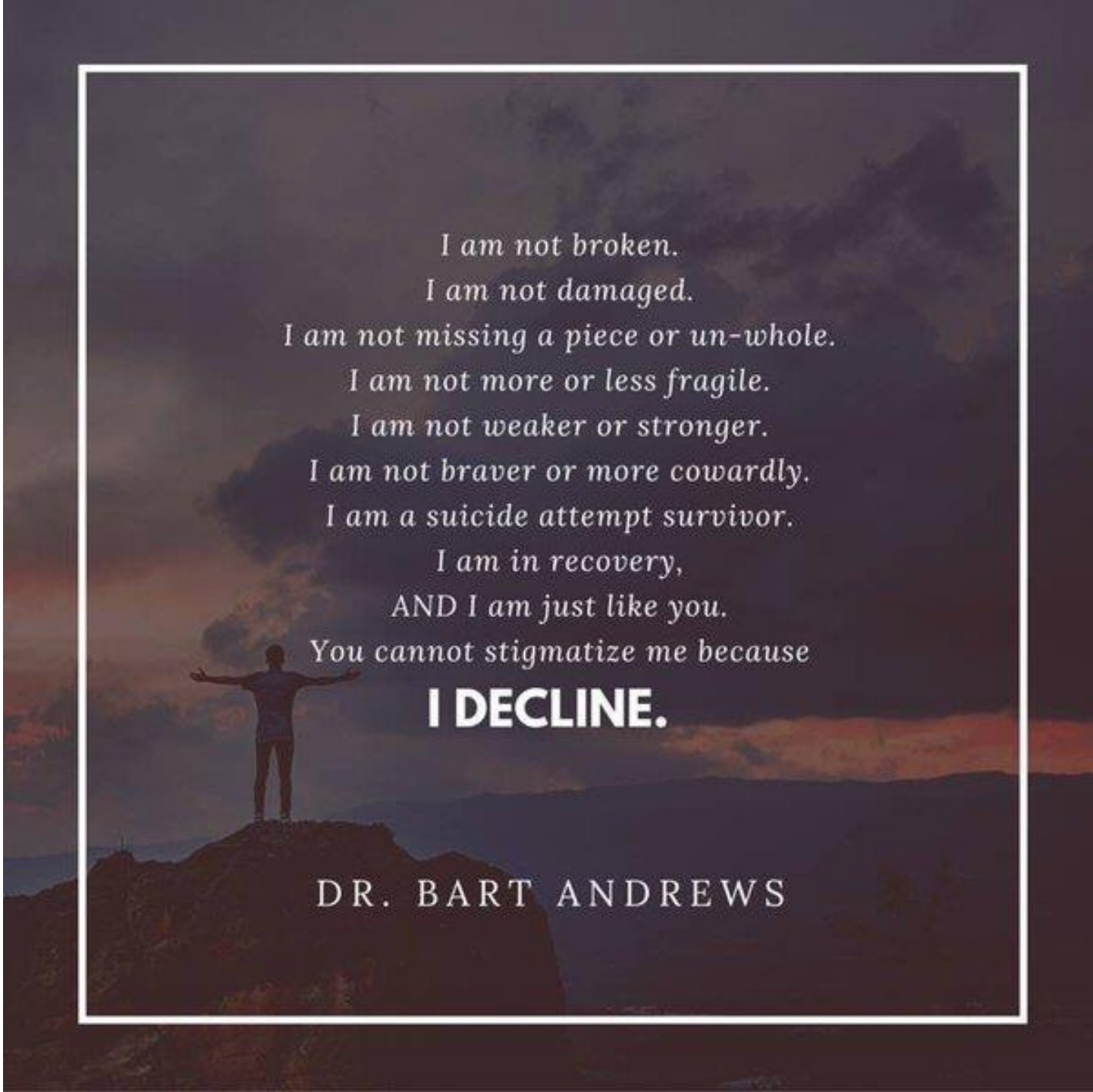


**ZERO**Suicide  
IN HEALTH AND BEHAVIORAL HEALTH CARE

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*I am not broken.  
I am not damaged.  
I am not missing a piece or un-whole.  
I am not more or less fragile.  
I am not weaker or stronger.  
I am not braver or more cowardly.  
I am a suicide attempt survivor.  
I am in recovery,  
AND I am just like you.  
You cannot stigmatize me because*

**I DECLINE.**

DR. BART ANDREWS


# 3 Steps to Make a Difference

1. Culture/Language
2. Better Suicide Care for Folks in Services
3. Improved Access to Care for All





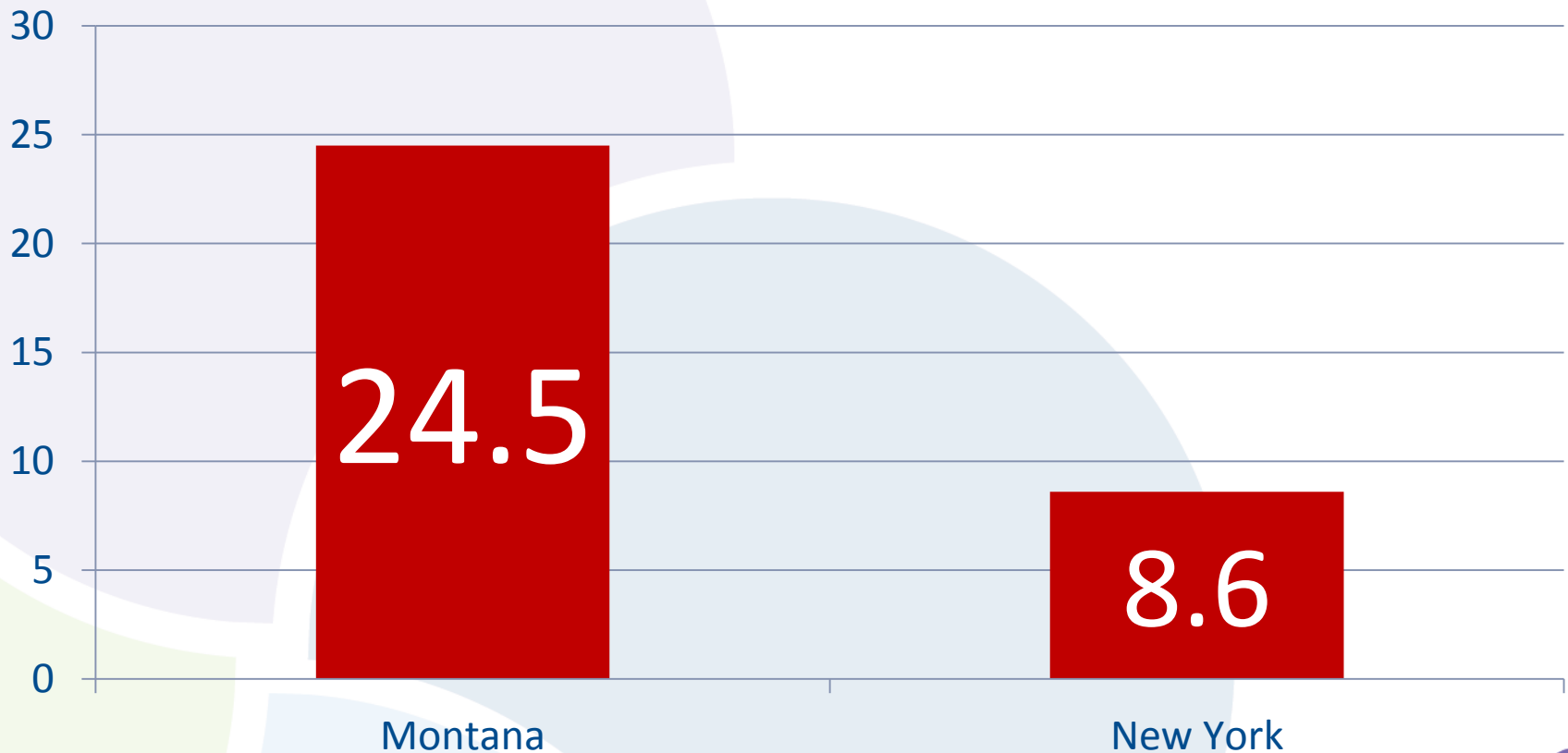
# CULTURE



TO CHANGE YOUR CULTURE YOU  
MUST CHANGE THE CONVERSATION  
-KIM WALTON

# Highest/Lowest Suicide Rate: U.S.

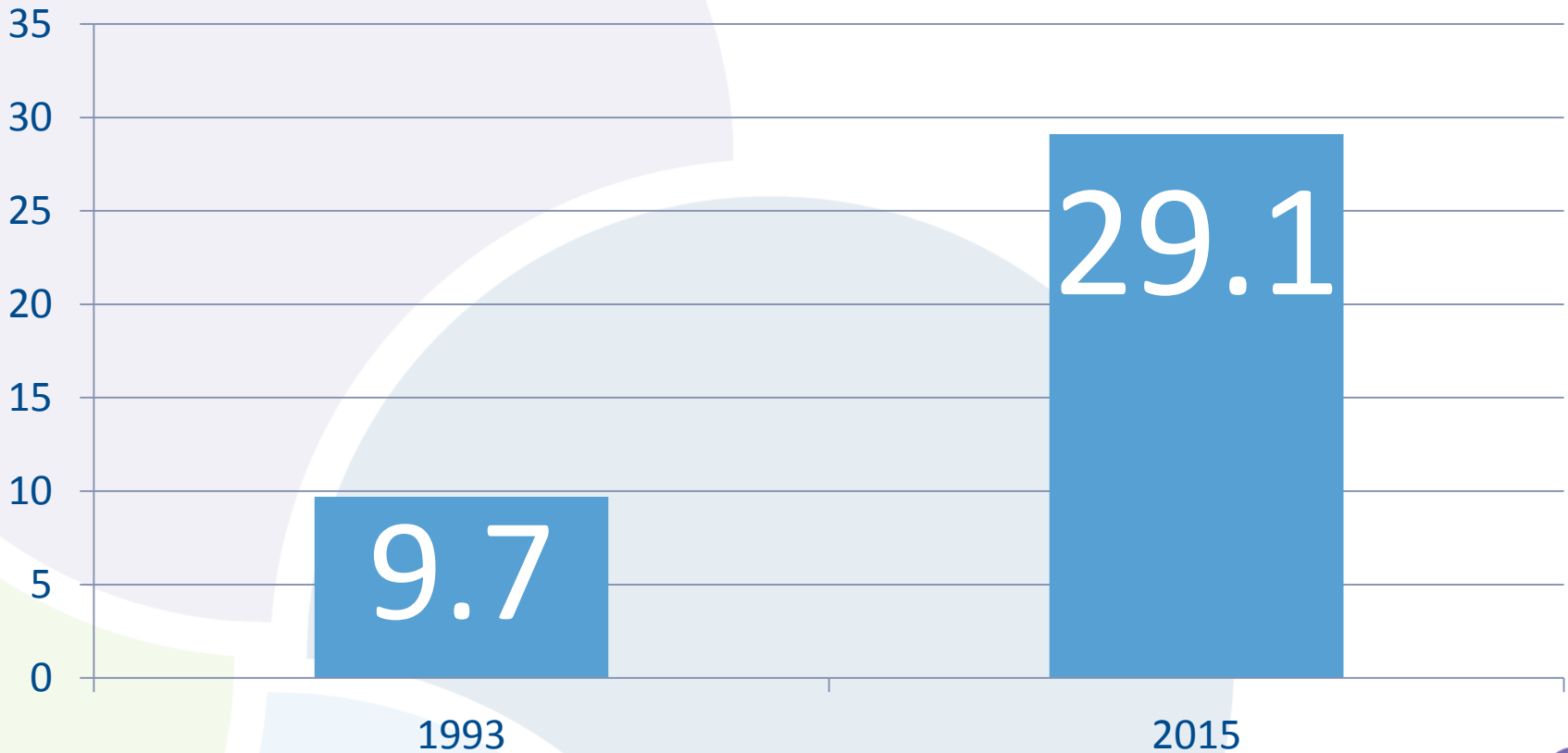
Suicide Rate - 2014





# South Korea - Transformed

South Korean Suicide Rate



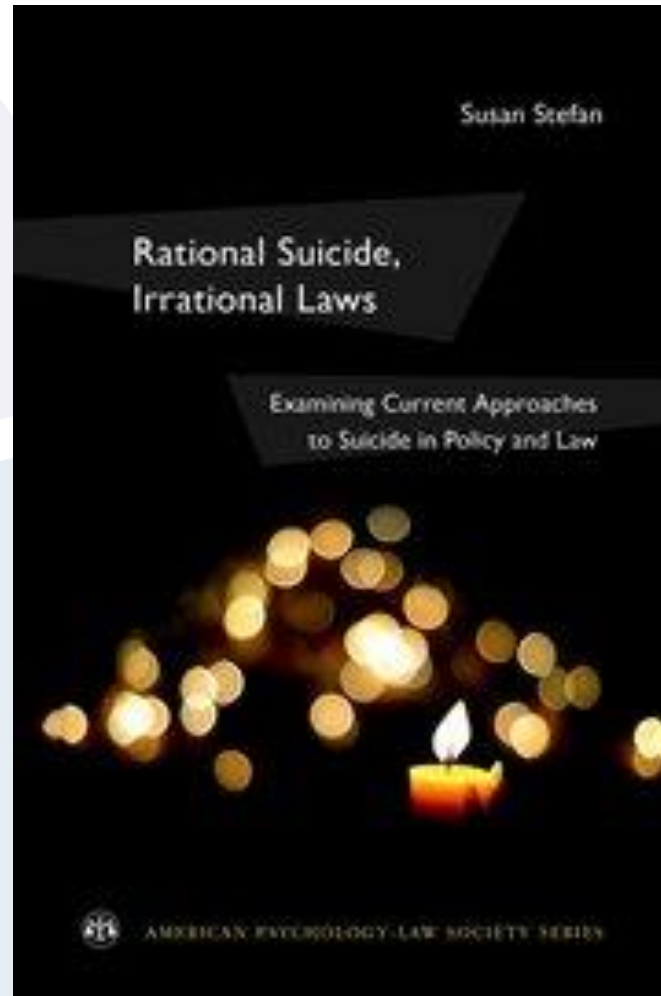
# It's Culture, It's Community

It's time to change  
the conversation.  
It's time to stop  
asking how "mental illness"  
causes social problems,  
and start asking  
how our "ill society"  
is impacting mental wellness.

**- DR. BART ANDREWS, BHR**

IT'S NOT THE TREE,  
IT'S THE FLOOD

# Rational Suicide, Irrational Laws – Susan Stefan



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# Competence Association

- No association of incompetence with “medical” conditions
- Is there with MENTAL HEALTH?
- YES, YES, YES
- Are we ok with that? Are you?

**I AM NOT F&@# OK WITH THAT**

WHAT IF WE ASSUMED

PERSONS AT RISK OF SUICIDE

WE'RE COMPETENT, RATIONAL

AND CAPABLE BEINGS, AND

WE TREATED THEM WITH

DIGNITY, RESPECT AND TRUST?

# LANGUAGE

## Implicit Bias

- Commit Suicide
- Non Compliant
- Axis II/PD
- Resistant
- Manipulative/gamey

## Patient Centered

- Attempted or Died by Suicide
- TX is not adhering
- Emotional dysregulation
- Engaged/assertive/strong
- Needful, help seeking, persistent, engaged

\*Client-centered language is Evidence Based

# Check Out



[themighty.com](http://themighty.com)



[madinamerica.com](http://madinamerica.com)



[livethroughthis.org](http://livethroughthis.org)

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# Better Suicide Prevention Care



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# But first . . . lets talk about babies!

- Infant mortality in 1950 was 1 in 30
- Dr. Virginia Apgar appalled at care
- Created the Apgar score

## Results:

- Revolutionized newborn care
- Increased monitoring = saved lives
- Created the obstetrics package
- 27,000 mothers saved – 2008
- 160,000 Newborns saved – 2008



# Zero Suicide Core Components

- Leadership commitment
- Standardized screening and risk assessment
- Suicide care management plan
- Workforce development and training
- Effective, evidence-based treatment
- Follow-up during care transitions
- Ongoing quality improvement and data collection

# ZeroSuicide.SPRC.org

**ZERO**Suicide  
IN HEALTH AND BEHAVIORAL HEALTH CARE


HOME


ABOUT

CONTACT US

RESOURCES

 Toolkit

 Champions

 Get Involved

Search



## WHAT IS ZERO SUICIDE?

Zero Suicide is a commitment to suicide prevention in health and behavioral health care systems and is also a specific set of strategies and tools.



## ZERO SUICIDE TOOLKIT



[VIEW TOOLKIT](#)

## FOR CHAMPIONS

Zero Suicide Champions believe that anything short of zero suicides in health care is unacceptable.



### MAKING HEALTH CARE SUICIDE SAFE

Mike Hogan describes why now is the time for Zero Suicide.



## GET INVOLVED

Join the Zero Suicide community.



## NEWS AND EVENTS

Zero Suicide is an evolving initiative.

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# ACCESS

- Medicaid Expansion
- Medicaid Expansion
- Medicaid Expansion
- Medicaid Expansion
- Medicaid Expansion
- Medicaid Expansion
- Medicaid Expansion
- Medicaid Expansion
- Medicaid Expansion

# Research Says

- Improved Access      ↓      Suicide
- Care Coordination      ↓      Suicide
- Means Restriction      ↓      Suicide

Things that don't seem to help:

- Inpatient treatment
- Medication only treatment




# Action Steps

- We need suicide specific funding streams
- Robust crisis & access systems
- Hospital alternatives
- Behavioral health urgent care
- Peers, peers, peers and more peers
- Provide services where folks are/want
- Data, data, data and Accountability


# Training, Confidence and Protection

- Required suicide training
- Compassionate care
- Protection for trained unless gross negligence
- HOPE





WE NEED TO HELP CLINICIANS GET  
OUT OF A "RISK MANAGEMENT"  
MINDSET IN  
#SUICIDEPREVENTION  
AND INTO A GOOD  
CLINICAL CARE MINDSET.  
GOOD CLINICAL CARE IS  
THE BEST KIND OF  
RISK MANAGEMENT  
- DR. BART ANDREWS, BHR



*BHR*

Behavioral Health Response



**QUESTIONS?**

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